



2019

Breakfast and PM Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Oatmeal Peaches Milk	2. French Toast Applesauce Milk
			Graham Crackers Milk	Cheeze Its Apple Juice
5. Raisin Bran Crunch Fruit Cocktail Milk	6. Waffles Pineapples Milk	7. Cheerios Bananas Milk	8. Biscuits w/gravy Oranges Slices Milk	9. Kix Cereal Pears Milk
Nilla Wafers Milk	Pretzels Orange Juice	Cucumber Slices Cranberry Juice	Cheese w/crackers Grape Juice	Animal Crackers Water
12. Life Cereal Strawberries Milk	13. Scrambled Eggs Peaches Milk	14. Grits Blueberries Milk	15. Pancakes Fruit Cocktail Milk	16. Special K Pineapple Milk
Goldfish Apple Juice	Ritz Crackers Cran-Grape	Corn Bread Cran- Pomegranate Juice	Chex Mix Grape Juice	Nilla Wafers Milk
19. Multigrain Cheerios Peaches Milk	20. Pancakes Apple Sauce Milk	21. Cream of Wheat Pears Milk	22. Frosted Flakes Mandarin Oranges Milk	23. Biscuits w/jelly Pineapples Milk
Cheese It's Cranberry Juice	Orange Slices Lemonade	Club Crackers Grape Juice	Cheeze its Apple Juice	Blueberry Bread Milk
26. Fruity Pebbles Mandarin Oranges Milk	27. Eggs w/cheese burritos Apple Sauce Milk	28. Waffles Peaches Milk	29. Cheesy Potatoes Fruit cocktail Milk	30. Multigrain Cereal Blueberries Milk
Graham Crackers Milk	Saltines w/cheese Grape Juice	Animal Crackers Orange Juice	Peaches & Cream Apple Juice	Ritz Crackers Grape Juice

This institution is an equal opportunity provider

All Milk served to participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.