



# NOVEMBER 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Mac & Cheese Corn Peaches Milk
4. Dirty Rice Peas Mandarins Milk	5. Bean & Cheese Burrito Mixed Veggies Blueberries Milk	6. Beanie Winnies Broccoli Pineapple Milk	7. Baked Chicken w/rice Calif Blend Veggies Mix Berries Milk	8. Grilled Cheese Mixed Veggies Mixed Fruit Milk
11 <b>CLOSED</b> <b>VETERAN' S</b> <b>DAY</b> 	12. Chicken Salad Cali Blend Veggies Pears Milk	13. Chili w/Crackers Corn Fruit Cocktail Milk	14. Spaghetti w/meat sauce Cauliflower Oranges Milk	15. Chili Mac Green Beans Peaches Milk
18. Hamburgers French Fries Apple Slices Milk	19. Pot Pie Carrots Peaches Milk	20. Cheese Pizza Tator Tots Pineapple Milk	21 Pasta Salad Mixed Veggies Blueberries Milk	22. Meat Balls Mash Potatoes Peas Strawberries Milk
25. Turkey & Cheese Sandwich Chips Fruit Cocktail Milk	26. Chicken Fettuccine Broccoli Mixed Fruit Milk	27. Turkey Sweet Potatoes Dinner Rolls Green Beans Milk	28.  <b>CLOSED</b>	29.  <b>CLOSED</b>

This institution is an equal opportunity provider

All Milk served to participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.