

## OCTOBER 2019



## **BREAKFAST AND PM SNACK MENU**

1. Pancakes & Oatmeal Sausage Peaches Blueberries Milk Cheese & Saltines Apple Juice Milk Milk Milk Milk Milk Milk Milk Milk	Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Blueberries Milk Milk Milk Milk Milk Milk Milk Milk		1.	2.	3.	4.
Blueberries Milk Cheese & Saltines Apple Juice Apple Sauce Mike Milk Milk Apple Sauce Mike Milk Apple Juice Apple Sauce Milk Alik Alik Alik Alik Alik Alik Alik A		Pancakes &	Oatmeal	Kix	Cinnamon Toast
Milk Cheese & Saltines Apple Juice Apple Juice  7.		Sausage	Peaches	Fruit Cocktail	Crunch
Cheese & Saltines Apple Juice  Refruit Cocktail Applesauce Milk Milk Milk Milk Milk Milk Milk Milk		Blueberries	Milk	Milk	Bananas
Apple Juice Water Grape Juice Water  7.		Milk			Milk
7. Life Cereal Pancakes Applesauce Milk Milk Milk Milk Milk Milk Milk Milk		Cheese & Saltines	Animal Crackers	Wheat Thins	Oranges
Life Cereal Fruit Cocktail Applesauce Milk Milk Milk Milk Milk Milk Milk Milk		Apple Juice	Water	Grape Juice	Water
Life Cereal Fruit Cocktail Applesauce Milk Milk Milk Milk Milk Milk Milk Milk	7	0	0	10	11
Fruit Cocktail Milk Milk Milk Milk Milk Milk Milk Mi		_			
MilkMilkMilkMilkMilkMilkPretzels LemonadeYogurt w/peaches WaterCheeze It's Apple JuiceGraham Crackers Cran-grapeChex Mix Pomegranate14. Mini Wheats Pineapple Milk15. Oatmeal Strawberries Milk16. Cheerios Peaches Milk Milk17. Waffles Apple Sauce Milk Milk18. Eggs Fruit cocktail Milk Milk MilkSaltine Crackers Orange JuiceNilla Wafers MilkChex Mix Grape JuiceGoldfish Apple JuiceGraham Crackers Milk21. French toast Sticks Apple Sauce Milk23. Cinnamon Toast Crunch Mandarin Oranges Milk24. Egg Biscuits Mini Wheats Milk Milk25. Mini Wheats Blueberries MilkPeaches MilkMilkMilkMilkPretzels Apple SauceNilla Wafers MilkCheeze It's Cranberry JuiceAnimal Crackers WaterBlueberry Bread Milk28. Multigrain Cheerios Pineapple Milk39. Egg Cheese Burritos Pears Milk31. HAPPY HALLowEEVI Cheesy Potatoes Mandarin Oranges Milk					·
Pretzels Lemonade Vater Cheeze It's Apple Juice Cran-grape Pomegranate  14.		· · ·			
Lemonade Water Apple Juice Cran-grape Pomegranate  14.	Milk				
14.	Pretzels	Yogurt w/peaches	Cheeze It's	Graham Crackers	Chex Mix
Mini Wheats Pineapple Pineapple Milk Milk Milk Milk Milk Milk Milk Milk	Lemonade	Water	Apple Juice	Cran-grape	Pomegranate
Mini Wheats Pineapple Pineapple Milk Milk Milk Milk Milk Milk Milk Milk					
Pineapple Milk Milk Milk Milk Milk Milk Milk Milk	14.	15.	16.	17.	18.
Milk Milk Milk Milk Milk Milk Milk Milk	Mini Wheats		Cheerios	Waffles	Eggs
Saltine Crackers Orange Juice  Nilla Wafers Orange Juice  Nilla Wafers Orange Juice  Nilla Wafers Milk  Chex Mix Grape Juice  Apple Juice  Apple Juice  W/cream cheese Water  21.  Cinnamon Toast Crunch Mandarin Oranges Apple Sauce Milk  Nilla Wafers Milk  Nilla Wafers Milk  Nilla Wafers Milk  Cheeze It's Cranberry Juice  Nilla Wafers Milk  Nilla Wafers M	Pineapple	Strawberries	Peaches	Apple Sauce	Fruit cocktail
Orange Juice Milk Grape Juice Apple Juice W/cream cheese Water  21. 22. 23. 24. 25. French toast Sticks Mandarin Oranges Milk Milk Milk Milk Milk Milk Milk Milk	Milk	Milk	Milk	Milk	Milk
21. French toast Sticks Apple Sauce Milk Pretzels Apple Sauce Milk  Milk  Pretzels Apple Sauce Milk  M	Saltine Crackers	Nilla Wafers	Chex Mix	Goldfish	Graham Crackers
21. French toast Sticks Apple Sauce Milk Pretzels Apple Sauce Milk  Milk  Pretzels Apple Sauce Milk  M	Orange Juice	Milk	Grape Juice	Apple Juice	w/cream cheese
French toast sticks Apple Sauce Milk  Pretzels Apple Sauce Apple Sauce Apple Sauce Milk  Pretzels Apple Sauce Apple Sauce Milk  Pretzels Apple Sauce Apple Sauce  Milk  Rilla Wafers Apple Sauce  Milk  Sticks Apple Sauce  Nilla Wafers Animal Crackers Water  Blueberry Bread Milk  Milk  Nilla Wafers Animal Crackers Water  HAPPY HALLOWEEN! Cheesy Potatoes Mandarin Oranges Milk  Nilla Wafers Milk			•		Water
sticks Apple Sauce Milk Milk  Pretzels Apple Sauce Milk  Nilla Wafers Apple Sauce Milk  Nilla Wafers Apple Sauce Milk  Nilla Wafers Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Milk  Cheeze It's Cheeze It's Cranberry Juice  Nilla Wafers Water  Nilla Wafers Water  Nilla Wafers Milk  Nilla Wafers Milk  Nilla Wafers  Nilla Wafers Milk  Nilla Wafers Milk  Nilla Wafers  Nilla Wafers Milk	21.	22.	23.	24.	25.
Sticks Apple Sauce Apple Sauce Milk  Pretzels Apple Sauce Milk  Nilla Wafers Apple Sauce  Milk  Nilla Wafers Apple Sauce  Milk  Nilla Wafers Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Cranberry Juice  Mater  Animal Crackers Water  Blueberry Bread Milk  Milk  Nilla Wafers Frosted Flakes Pears Milk  Nilla Wafers Milk	French toast	Cinnamon Toast Crunch	Cream of Wheat	Egg Biscuits	Mini Wheats
Apple Sauce Milk  Pretzels Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Apple Sauce  Nilla Wafers Cranberry Juice  Nilla Water  Cranberry Juice  Milk	sticks	Mandarin Oranges	Peaches		Blueberries
Milk  Pretzels Apple Sauce  Nilla Wafers Milk  Cranberry Juice  Milk  Animal Crackers Water  Blueberry Bread Milk  Milk  30. Frosted Flakes Pears Pineapple Milk  Milk  Nilla Wafers  Milk  Animal Crackers Malla Blueberry Bread Milk  Milk  Milk  Animal Crackers Malla Milk  Milk  Milk  Animal Crackers Malla Milk  Milk		Milk	Milk		
Pretzels Apple Sauce  Nilla Wafers Milk  Cranberry Juice  Nilla Wafers Milk  Cranberry Juice  Mater  Animal Crackers Water  Milk  Milk  Blueberry Bread Milk  Milk  State of the service o					
Apple Sauce  Milk  Cranberry Juice  Water  Milk  28. 39. 30. Frosted Flakes  Cheerios  Pineapple  Milk		Nilla Wafers	Cheeze It's	Animal Crackers	Blueberry Bread
28. 39. 30. Frosted Flakes Pears Milk Milk Milk Milk Support of the process of th		Milk			
Multigrain Cheerios Pineapple Milk  Egg Cheese Burritos Pears Milk  Frosted Flakes Pears Milk  Cheesy Potatoes Mandarin Oranges Milk  Milk  Milk			, , , , , , , , , , , , , , , , , , , ,		
Cheerios Burritos Pears Milk Cheesy Potatoes Mandarin Oranges Milk	28.	39.	30.		
Pineapple Peaches Milk Mandarin Oranges Milk	Multigrain	Egg Cheese			
Milk Milk Milk Milk Milk	Cheerios	Burritos		· ·	Hanny
ALTHA AAA Caasa	Pineapple	Peaches	Milk		Hallarteen
Nilla Wafors	Milk	Milk		IVIIIK	I Jamow 66H
Grandin Crackers   Writeat Hills   Granding	Graham Crackers	Wheat Thins	Nilla Wafers	Chay Mix	
w/cream cheese Grape Juice Milk Chex Mix	w/cream cheese	Grape Juice	Milk		
Milk Grape Juice	<u> </u>			Grape Juice	

This institution is an equal opportunity provider.