



Breakfast and PM Snack Menu 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 2.  Labor Day Closed | 3. Rice Chex Pears Milk Goldfish Grape Juice | 4. Kix Peaches Milk Sweet Bread Milk | 5. Pancakes Blueberries Milk Pretzels Orange Juice | 6. Grits Pineapple Milk Graham crackers Milk |
| 9. Cinnamon Toast Crunch Pears Milk Apples Water | 10. Toast W/Jelly Pineapple Milk Pretzels Apple Juice | 11. Waffles Apple Sauce Milk Oranges Water | 12. Biscuits w/gravy Peaches Milk Ritz w/cheese Cran-Grape Juice | 13. Wheaties Fruit Cocktail Milk Cheese It'z Orange Juice |
| 16. Frosted Flakes Bananas Milk Graham Crackers Water | 17. Oatmeal Strawberries Milk Club Crackers Grape Juice | 18. Cheesy Potatoes Apricots Milk Blueberry Bread Cran-Apple Juice | 19. Scrambled Eggs Mandarin Oranges Milk Wheat Thins Grape Juice | 20. Chex Cereal Pineapple Milk Corn Bread Lemonade |
| 23. Cinnamon English Muffin Apple Sauce Milk Saltines w/cheese Apple Juice | 24. Corn Chex Pineapple Milk Animal Crackers Grape Juice | 25. Grits Fruit Cocktail Milk Chex Mix Orange Juice | 26. Boiled Eggs w/toast Pineapple Milk Nilla Waffers Milk | 27. Multi Grain Mandarin Oranges Milk Ritz Crackers Cranberry Juice |
| 30. Cheerios Mixed Fruit Milk | | | | |
| Yogurt w/Peaches Water | | | | |

This institution is an equal opportunity provider

All Milk served to participants 2 years and older are served either low-fat (1%) or fat-free milk and children 1 year old are served whole milk.